

## NMAC X-Country Champs

## Ladies and M70 5K

Position	First Name	Last Name	Club	Number	Time	Age	Cat pos
1	CLAIRE	THOMPSON	VALE ROYAL	115	19.57	40	1
2	CLAIRE	ANDREW	SPECTRUM.STR	100	19.59	35	1
3	SUE	CORDINGLEY	BINGLEY	103	20.53	55	1
4	GWEN	KINLOCH	BURNDEN	109	21.27	55	2
5	STEVE	CHAPMAN	GUEST	118	21.51	Guest	1
6	ANNE	FERGUSON	BURNDEN	106	21.58	55	3
7	LES	HAYNES	BINGLEY.H.	86	22.07	75	1
8	ERIC	RANICAR	BOLTON.H.	89	23.21	70	1
9	JANICE	NEEDHAM	ROCHDALE.H.	113	23.30	65	1
10	ROD	SCHOLES	BARNSELY.A.C.	91	23.52	70	2
11	PETER	SIMPSON	LIVERPOOL.H.	92	23.55	70	3
12	DENISE	JOHNSON	BAILDON	108	24.14	55	4
13	ERIC	WICKSTEAD	N.M.A.C.	95	24.18	70	4
14	FRED	GIBBS	BINGLEY.H.	85	24.20	75	2
15	COLIN	RATHBONE	VALE ROYAL.A.C.	94	24.23	70	5
16	BILLY	HARGREAVES	S'PORT WATERLOO	83	24.26	70	6
17	PAULINE	DAVIES	VALE ROYAL	104	25.36	65	2
18	KENNETH	CHAPMAN	KIMBERWORTH	82	26.11	75	3
19	KENNETH	BLACK	SPECTRUM.STR	81	28.12	70	7
20	KAREN	DOHERTY	RATCLIFFE.A.C.	105	28.39	40	2
21	IAIN	FORTUNE	SPECTRUM.STR	84	29.07	70	8
22	CAROLE	WILLIAMS	VALE ROYAL	117	30.09	65	3
23	JOE	PARK	NMAC	88	30.37	80	1
24	AMANDA	PEARSON	SPENBOROUGH	114	32.54	50	1
25	STEPHANIE	CHARMAN	SPECTRUM.STR	102	35.21	65	4

## NMAC X-Country Champs

## Mens 35 to 69 10K

Position	First Name	Last Name	Club	Number	Time	Age	Cat pos
1	DAVID	SMITH	LEIGH.H.	520	34.54	40	1
2	STEPHEN	WATMOUGH	WARRINGTON.A.C.	526	36.58	55	1
3	COLIN	BISHOP	HELSEBY	503	38.26	55	2
4	DEAN	FURNISS	HALLAMSHIRE.H.	505	39.24	50	1
5	ROBERT	JACKSON	HORWICH.H.	510	39.33	50	2
6	MARCUS	TAYLOR	BURNDEN.R.R.	529	39.40	45	1
7	DAVID	GILL	WARRINGTON.A.C.	506	40.26	60	1
8	STEVE	NOLAN	BURNDEN.R.R.	514	40.29	55	3
9	DAVID	NORMAN	WARRINGTON.A.C.	519	40.40	55	4
10	BARRY	GREAVES	ROYTON RR	530	40.43	60	2
11	STEPHEN	THOMPSON	VALE ROYAL.A.C.	523	41.06	50	3
12	TONY	McCARTHY	WARRINGTON.A.C.	517	41.08	55	5
13	KEITH	THOMAS	BURNDEN.R.R.	521	41.12	60	3
14	RICH	HAYES		508	41.31	35	1
15	GILES	BENNETT	BURY.A.C.	502	42.14	50	4
16	ANDY	STAVELEY	BURNDEN.R.R.	522	42.56	55	6
17	MARK	WESTMAN	BINGLEY.H.	527	46.17	60	4
18	JASON	NEWELL	SPENBOROUGH	512	48.10	45	2
19	DONALD	JOHNSON	BINGLEY.H.	511	49.45	65	1
20	ANDY	WARBURTON	BURNDEN.R.R.	525	51.40	55	7
21	CRAIG	TURNER	VEGAN RUNNERS	524	52.54	50	5
22	LEE	AINSWORTH	SALE.H.	501	53.39	65	2
23	KEVIN	DILLON	MANCHESTER.H.	528	68.37	60	5