

## Northern Masters Age Group Womens Field Records

### EVENT

<u>AGE CAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>TIME</u>	<u>YEAR</u>
<u>HIGH JUMP</u>				
35	Wendy Laing	Liverpool	1.60	2001
40	Wendy Laing	Lancs & Morecambe	1.65	2005
45	Wendy Laing	Lancs & Morecambe	1.55	2008
50	Wendy Laing	Leigh Harriers	1.48	2013
55	Wendy Laing	Leigh Harriers	1.55	2006 <b>World Record</b>
60	Elsbeth Macpherson	Lytham St Anne's	1.19	2009
<u>LONG JUMP</u>				
35	Wendy Laing	Liverpool	5.04	2001
40	Wendy Laing	Lancs & Morecambe	5.12	2005
45	Mandy Laing	NVAC	4.98	2005
50	Wendy Laing	Leigh Harriers	4.47	2013
55	Averil McClelland	Lancs & Morecambe	4.42	2015
=	Wendy Laing	Leigh Harriers	4.42	2018
60	Ilse Hemmings	Bolton Utd Harriers	3.84	2017
65	Sheila Bolland	Spensborough AC	2.44	2007
<u>TRIPLE JUMP</u>				
35	Lynsie Whyke	Wakefield Harriers	10.46	2017
40	Claire Bowman	Kingston Upon Hull	9.14	2005
45	Mandy Laing	NVAC	10.55	2005
50	Susan Richardson	City of York RC	8.52	2013
55	Caroline Marler	Otley AC	8.98	2006
60	Ilse Hemmings	Bolton Utd Harriers	7.33	2017
65	Sheila Bolland	Spensborough AC	4.66	2009
<u>POLE VAULT</u>				
40	Jennifer Cunnane	Wakefield Harriers	2.90	1998
45	Jennifer Ibbitson	Spensborough AC	2.90	2005
50	Jennifer Ibbitson	Spensborough AC	2.90	2007
55	Sheila Bolland	Spensborough AC	1.00	2007
60	Jennifer Ibbitson	Wakefield Harriers	2.30	2017
<u>HAMMER</u>				
35	Dianne Smith	Hull Achilles	42.52	1999
40	Jennifer Cunnane	Wakefield Harriers	42.20	1998
45	Jennifer Ibbitson	Spensborough AC	36.85	2006
50	Jennifer Ibbitson	Spensborough AC	44.18	2008
55	Jennifer Ibbitson	Wakefield Harriers	32.93	2016
60	Linda Ridsdale	NVAC	26.23	2010
65	Linda Ridsdale	Wakefield Harriers	24.48	2014

70	Sheila Bolland	Spensorough AC	25.38	2007
----	----------------	----------------	-------	------

DISCUS

35	Karen Sharp	Hull Achilles	33.72	1996
40	Jennifer Cunnane	Wakefield Harriers	34.74	1999
45	Jennifer Ibbitson	Spensorough AC	32.51	2005
50	M Tipping	NVAC	31.17	1986
55	Jennifer Ibbitson	Spensorough AC	17.75	2016
60	Fiona Crompton	City of York AC	16.80	2006
65	Sheila Bolland	Spensorough AC	14.76	2009
70	Sheila Bolland	Spensorough AC	12.00	2014

JAVELIN

35	Dianne Smith	Hull Achilles	38.16	1996
40	Mandy Laing	Liverpool	31.75	2001
45	Mandy Laing	NVAC	32.02	2005
50	Wendy Laing	Leigh Harriers	26.73	2013
55	Caroline Marler	Otley AC	25.22	2006
60	Maria Williams	Nestle Rowntree	19.30	2008
65	Sheila Bolland	Spensorough AC	11.68	2008
70	Sheila Bolland	Spensorough AC	5.70	2014

SHOT PUTT

35	Mandy Laing	Liverpool	11.00	1999
40	Mandy Laing	Liverpool	10.87	2000
45	Mandy Laing	NVAC	10.17	2005
50	Jennifer Ibbitson	Spensorough AC	11.04	2010
55	Caroline Marler	Otley AC	10.01	2006
60	Jennifer Ibbitson	Wakefield Harriers	9.76	2017
65	Sheila Bolland	Spensorough AC	5.75	2007

Please note that records can only be ratified if on Power of 10 or at Northern Masters Track Championship  
If you have broken a club record please contact Hon Treasurer with details



