

ENGLAND MASTERS INTER-AREA TRACK & FIELD CHALLENGE

**TUDOR GRANGE LEISURE CENTRE, SOLIHULL, WEST
MIDLANDS**

08 JULY 2018

ATHLETES WANTED

Interested in representing Northern Masters in a friendly competition against the other British Masters Area clubs. Build on last years success let see if we can get in the top 3 and show the 'Tough of the North Mentality'

Let your Team Manager know your interest ASAP

Events are:

Track Events

100m, 200m, 400m, 800m, 1500m, 3000m, Short Hurdles, 2k Walk, 4 x 100m

Field Events

Discus, Hammer, Shot Put, Long Jump, Triple Jump, High Jump, Javelin, Pole Vault, WT

Age Groups

M35 - 49, M50 - 59, M60 - 69, M70+

W35 - 49, W50 - 59, W60 - 69, W70+

If you want to compete and have transport problems then let us know and we will see who can pick you up on the day

Team Managers

Men's – Richard Higson-Blythe, Wakefield District Harriers – Email
runningaction@yahoo.co.uk

Women's – Helen Smith Vale Royal AC – Email: helensmith99@btinternet.com

Please note; NORTHERN MASTERS VEST NEEDS TO BE WORN