

**EAMA INDOOR INTER AREA TRACK FIELD CHALLENGE**  
**LEE VALLEY ATHLETICS CENTRE, LONDON on SUNDAY 24th FEBRUARY 2019**

<b>Men</b>		
Pos	Region	Points
1	EMAC	243
2	SCVAC	225
3	MMAC	222
4	VAC	179
5	WMAA	159
6	SWVAC	101
7	NMAC	68

After 48 events scored

<b>Overall</b>		
Pos	Region	Points
1	EMAC	446
2	SCVAC	425.5
3	MMAC	398
4	WMAA	360
5	VAC	309
6	SWVAC	174.5
7	NMAC	82

After 91 total events scored

**M35 60m**

Pos	Bib	Name	Club	Perf
1	33	Mensah Elliott (M40)	SCVAC	7.25
2	53	Stuart Channon (M40)	VAC	7.42
3	13	Andrew Spour	EMAC	7.44
4	73	Carl McMullen	NMAC	7.72
5	63	Stephen Buttler (M40)	WMAA	7.77
6	23	Martin Aspley-Davis (M40)	MMAC	7.89

**M50 60m**

Pos	Bib	Name	Club	Perf
1	35	Wole Odele	SCVAC	7.90
2	15	Paul Canning	EMAC	7.91
3	45	Richard Cooper	SWVAC	8.17
4	75	Leeroy Golding	NMAC	8.20
5	65	Keith Powell (M55)	WMAA	8.67
6	25	Terry Selway (M55)	MMAC	8.95
7	55	Michael May (M55)	VAC	9.57

**M60 60m**

Pos	Bib	Name	Club	Perf
1	16	John Browne (M65)	EMAC	8.24
2	26	Christopher Monk (M65)	MMAC	8.39
3	36	Tom Phillips	SCVAC	8.47
4	66	Ian Broadhurst	WMAA	8.72
5	56	David Hinds (M65)	VAC	9.01
6	46	Trevor Downward	SWVAC	9.05

**M70 60m**

Pos	Bib	Name	Club	Perf
1	47	Neal Mason	SWVAC	9.26
2	17	Tony Wells	EMAC	9.29
3	27	John Steel	MMAC	9.59
4	37	Ron Davies (M75)	SCVAC	9.64
5	67	Mel James	WMAA	10.09
6	57	Barry Ferguson (M75)	VAC	10.21

**M35 200m**

Pos	Bib	Name	Club	Perf
1	33	Adam Bellis (M40)	SCVAC	23.83
2	73	Andrew Parker (M40)	NMAC	24.32
3	53	Steven Tester	VAC	24.52
4	13	Sean Reidy	EMAC	25.15
5	23	Martin Aspley-Davis (M40)	MMAC	25.24
6	63	Stuart Pearce (M40)	WMAA	26.63

**M50 200m**

Pos	Bib	Name	Club	Perf
1	55	Mark White	VAC	25.80
2	15	Paul Canning	EMAC	25.85
3	45	Neil Tunstall (M55)	SWVAC	26.44
4	35	Wole Odele	SCVAC	26.48
5	75	Leeroy Golding	NMAC	26.64
6	25	John Statham (M55)	MMAC	27.47
7	65	Keith Powell (M55)	WMAA	28.49

**M60 200m**

Pos	Bib	Name	Club	Perf
1	16	Tennyson James	EMAC	26.91
2	66	Ian Broadhurst	WMAA	27.49
3	36	Christopher Padmore (M65)	SCVAC	28.06
4	26	Christopher Monk (M65)	MMAC	29.27
5	56	Adrian Day	VAC	29.65
6	46	Trevor Downward	SWVAC	30.53

**M70 200m**

Pos	Bib	Name	Club	Perf
1	37	Terry Bissett (M75)	SCVAC	31.26
2	27	Bruce Hendrie	MMAC	31.41
3	17	Tony Wells	EMAC	31.67
4	67	Mel James	WMAA	34.29
5	57	Charles Isetts (M75)	VAC	36.03
6	47	Raymond Lewis	SWVAC	38.34

**M35 400m**

Pos	Bib	Name	Club	Perf
1	33	Adam Bellis (M40)	SCVAC	52.18
2	43	Martyn Morant (M40)	SWVAC	52.20
3	23	James Moroney	MMAC	52.36
4	13	Sean Reidy	EMAC	52.96
5	73	Andrew Parker (M40)	NMAC	53.14
6	53	Steven Tester	VAC	53.58
7	63	Owen Chesher	WMAA	55.95

**M50 400m**

Pos	Bib	Name	Club	Perf
1	35	Adrian Haines	SCVAC	58.40
2	25	Simon Bickers (M55)	MMAC	58.70
3	55	Mark White	VAC	58.90
4	75	Leeroy Golding	NMAC	59.17
5	45	Neil Tunstall (M55)	SWVAC	59.33
6	65	Brett Davis (M55)	WMAA	63.60

**M60 400m**

Pos	Bib	Name	Club	Perf
1	16	Ivars Licietis	EMAC	62.21
2	66	Kieran McDonnell	WMAA	62.83
3	36	Christopher Padmore (M65)	SCVAC	64.30
4	26	Henry Hopkins	MMAC	66.01
5	56	Timothy Carter (M65)	VAC	67.33

**M70 400m**

Pos	Bib	Name	Club	Perf
1	27	Bruce Hendrie	MMAC	72.58
2	37	Alan Forse (M75)	SCVAC	74.81
3	57	Derek Wardle	VAC	81.36
4	17	John Garber (M75)	EMAC	82.13
5	47	Raymond Lewis	SWVAC	85.20
6	67	Barrie Roberts (M75)	WMAA	96.07

**M35 800m**

Pos	Bib	Name	Club	Perf
1	23	James Moroney	MMAC	2:02.09
2	63	Pete Watkeys	WMAA	2:02.34
3	53	Wayne Lashley	VAC	2:04.21
4	13	Christopher Westcott (M45)	EMAC	2:05.94
5	43	Richard Davidson (M40)	SWVAC	2:13.48
6	73	Jason Newell (M45)	NMAC	2:43.75

**M50 800m**

Pos	Bib	Name	Club	Perf
1	35	Adrian Haines	SCVAC	2:19.26
2	25	Simon Bickers (M55)	MMAC	2:21.03
3	65	Brett Davis (M55)	WMAA	2:21.82
4	15	Malcolm Down (M55)	EMAC	2:26.82
5	45	Peter Mountain (M60)	SWVAC	2:29.47

**M60 800m**

Pos	Bib	Name	Club	Perf
1	46	Kevin Archer (M65)	SWVAC	2:30.18
2	26	David Oxland (M65)	MMAC	2:32.95
3	16	Raymond Daniel	EMAC	2:35.15
4	66	Austin Davies	WMAA	2:38.10
5	76	Graham Webster (M65)	NMAC	2:42.92

**M70 800m**

Pos	Bib	Name	Club	Perf
1	57	Richard Bloom	VAC	3:00.51
2	27	Philip Brennan (M75)	MMAC	3:05.48
3	37	John Batchelor (M75)	SCVAC	3:10.34
4	17	John Garber (M75)	EMAC	3:13.12
5	67	Paul Allen	WMAA	3:18.63
6	47	Raymond Lewis	SWVAC	3:35.20

**M35 1500m**

Pos	Bib	Name	Club	Perf
1	13	Simon Coombes (M45)	EMAC	4:14.77
2	63	Matthew Evans	WMAA	4:28.22
3	53	Peter Caton (M40)	VAC	4:29.70
4	43	Eddie O'Gorman (M45)	SWVAC	4:50.74
5	33	Patrick Thielemans (M40)	SCVAC	5:02.29
6	73	Jason Newell (M45)	NMAC	5:49.30

**M50 1500m**

Pos	Bib	Name	Club	Perf
1	35	Mark Symes	SCVAC	4:17.84
2	25	Anthony Roper (M55)	MMAC	4:53.11
3	15	Paul Spowage (M55)	EMAC	5:01.20
4	65	Martyn Cole (M55)	WMAA	5:01.65
5	55	Darren Franks	VAC	5:03.38
6	45	Peter Mountain (M60)	SWVAC	5:03.97

CBP

**M60 1500m**

Pos	Bib	Name	Club	Perf
1	26	Andrew Wetherill	MMAC	4:56.97
2	56	Pete Crockford	VAC	5:09.77
3	46	Kevin Archer (M65)	SWVAC	5:09.83
4	16	Charles Arnold	EMAC	5:28.89
5	66	Mark Williams	WMAA	5:43.79

**M70 1500m**

Pos	Bib	Name	Club	Perf
1	17	Kenneth Bowman	EMAC	5:49.46
2	57	Richard Bloom	VAC	6:04.82
3	27	Philip Brennan (M75)	MMAC	6:12.23
4	67	Paul Allen	WMAA	6:30.57
5	37	John Batchelor (M75)	SCVAC	6:41.04

**M35 3000m**

Pos	Bib	Name	Club	Perf
1	13	Simon Coombes (M45)	EMAC	9:20.73
2	63	Adrian Lewis (M45)	WMAA	10:14.82
3	33	Mark Champion (M50)	SCVAC	10:20.81
4	73	Jason Newell (M45)	NMAC	12:38.50

**M50 3000m**

Pos	Bib	Name	Club	Perf
1	35	Paul Gaylor	SCVAC	9:42.53
2	55	Tony Tuohy (M55)	VAC	10:04.47
3	25	Anthony Roper (M55)	MMAC	10:14.10
4	65	Paul Flynn	WMAA	10:45.01
5	15	Malcolm Down (M55)	EMAC	11:08.19
6	45	Ian Wright (M60)	SWVAC	13:30.09

**M60 3000m**

Pos	Bib	Name	Club	Perf
1	26	Andrew Wetherill	MMAC	10:20.78
2	46	Nigel Gates (M65)	SWVAC	10:24.51
3	56	Pete Crockford	VAC	11:00.97
4	36	Stewart Thorp (M65)	SCVAC	11:25.97
5	16	Charles Arnold	EMAC	11:33.85
6	76	Graham Webster (M65)	NMAC	12:02.71
7	66	Mark Williams	WMAA	13:04.02

**M35 2km Walk**

Pos	Bib	Name	Club	Perf
1	33	Francisco Reis (M55)	SCVAC	9:22.59
2	23	Mark Williams (M60)	MMAC	10:10.88
3	53	Sebastian Parris	VAC	10:57.90
4	13	Adam Hills (M40)	EMAC	12:32.97

**M50 2km Walk**

Pos	Bib	Name	Club	Perf
1	55	David Annetts	VAC	9:11.80
2	25	Peter Boszko (M65)	MMAC	10:29.12
3	15	Keith Palmer	EMAC	12:49.21
	65	Robin Wood	WMAA	DIS
	35	Alan Newman (M65)	SCVAC	DIS

**M60 2km Walk**

Pos	Bib	Name	Club	Perf
1	36	Malcolm Martin	SCVAC	11:12.44
2	56	Stuart Bennett	VAC	11:30.85
3	16	Stephen Allen	EMAC	11:38.13
4	46	Ian Torode	SWVAC	11:52.96
5	26	Roger Michell (M70)	MMAC	12:03.94

**M35 60m Hurdles**

Pos	Bib	Name	Club	Perf
1	33	Mensah Elliott (M40)	SCVAC	8.19
2	13	Gary Smith (M45)	EMAC	8.84
3	53	Alwyn Lombaard (M40)	VAC	9.83
4	73	Carl McMullen	NMAC	10.05
5	23	Martin Aspley-Davis (M40)	MMAC	11.21

**M50 60m Hurdles**

Pos	Bib	Name	Club	Perf
1	15	Des Wilkinson (M55)	EMAC	9.25
2	45	Neil Tunstall (M55)	SWVAC	9.34
3	25	Donald Brown (M55)	MMAC	9.44
4	55	Glen Reddington (M55)	VAC	9.70
5	65	Glyn Price	WMAA	10.98

**M35 4x200m**

Pos	Bib	Name	Club	Perf
1	53	Stuart Channon (M40), Wayne Lashley, Nick Lauder (M45), Rory Macfarlane	VAC	1:46.66
2	63	Owen Chesher, Stuart Pearce (M40), Adrian Lewis (M45), Pete Watkeys	WMAA	1:47.61
3	13	Justin Hubbard (M40), Aaron Bollu (M40), Adam Hills (M40), Sean Reidy	EMAC	1:48.01
4	33	Wole Odele (M50), Adam Bellis (M40), Mark Champion (M50), Paul Gaylor (M50)	SCVAC	1:50.27
5	23	Martin Aspley-Davis (M40), John Statham (M55), Anthony Roper (M55), Simon Bickers (M55)	MMAC	2:00.28

**M50 4x200m**

Pos	Bib	Name	Club	Perf
1	15	Ivars Licietis (M60), Tennyson James (M60), Steve Mayfield, Paul Canning	EMAC	1:47.56
2	55	Michael May (M55), Paul Wignall (M65), Mark White, Richard Weekes	VAC	1:56.53
3	65	Keith Powell (M55), Mark Williams (M60), Brett Davis (M55), Robin Wood	WMAA	2:01.31

**M60 4x200m**

Pos	Bib	Name	Club	Perf
1	66	Roderick Davies, Austin Davies, Kieran McDonnell, Ian Broadhurst	WMAA	1:56.66
2	56	Philip Bell, Adrian Day, Timothy Carter (M65), David Hinds (M65)	VAC	2:02.47
3	36	Tom Phillips, Stewart Thorp (M65), John Batchelor (M75), Christopher Padmore (M65)	SCVAC	2:06.64
4	26	Henry Hopkins, David Oxland (M65), Philip Brennan (M75), Christopher Monk (M65)	MMAC	2:10.49

**M70 4x200m**

Pos	Bib	Name	Club	Perf
1	27	John Steel, Lawrie Dunn, David Cowley, Bruce Hendrie	MMAC	2:09.54
2	37	Terry Bissett (M75), Alan Forse (M75), Ron Davies (M75), Roger Bruck (M75)	SCVAC	2:17.02
3	17	John Garber (M75), Ian Forster, Kenneth Bowman, Tony Wells	EMAC	2:32.81
4	67	Barrie Roberts (M75), Mel James, Paul Allen, Ian Robinson	WMAA	3:07.42

CBP

**M35 High Jump**

Pos	Bib	Name	Club	Perf
1	13	Clint Nicholls (M40)	EMAC	1.75
2	63	Owen Chesher	WMAA	1.70
3	53	Alwyn Lombaard (M40)	VAC	1.60
4	23	Martin Aspley-Davis (M40)	MMAC	1.60
5	73	Carl McMullen	NMAC	1.55
6	33	Grant Stirling (M40)	SCVAC	1.45

1.70o,1.75xxx

1.60o,1.65-,1.70xxx

1.40o,1.45-,1.50xo,1.55o,1.60xxo,1.65xxx

1.50o,1.55xo,1.60xxx

1.30o,1.35-,1.40o,1.45xo,1.50xxx

**M50 High Jump**

Pos	Bib	Name	Club	Perf
1	15	Philip Bowers	EMAC	1.50
2	25	Paul Husbands	MMAC	1.50
3	35	Gary Capon (M55)	SCVAC	1.45
4	45	Paul Guest (M55)	SWVAC	1.45
5	65	Robin Wood	WMAA	1.30

1.30o,1.35-,1.40o,1.45o,1.50o,1.55rt

1.45o,1.50xo,1.55xxx

1.45o,1.50xxx

1.35o,1.40o,1.45xo,1.50xxx

1.20o,1.25-,1.30o,1.35-,1.40xxx

**M60 High Jump**

Pos	Bib	Name	Club	Perf
1	26	Paul Askew	MMAC	1.35
2	36	Trevor Wade	SCVAC	1.26
3	16	David Folgate (M65)	EMAC	1.20

1.11o,1.14-,1.17o,1.20o,1.23-,1.26o,1.29o,1.32o,1.35o

1.20o,1.23-,1.26xxo,1.29xxx

1.20o,1.23-,1.26xxx

**M70 High Jump**

Pos	Bib	Name	Club	Perf	
1	27	Lawrie Dunn	MMAC	1.20	1.11x-, 1.14xo, 1.17o, 1.20xo, 1.23rt
2	37	Roger Bruck (M75)	SCVAC	1.17	1.05o, 1.08-, 1.11o, 1.14xxo, 1.17xxo, 1.20xxx
3	67	Ian Robinson	WMAA	1.02	0.90o, 0.93-, 0.96-, 0.98-, 1.02xxo, 1.05-, 1.08xxx
	17	Ian Forster	EMAC	nhr	1.02xxx

**M35 Pole Vault**

Pos	Bib	Name	Club	Perf	
1	23	James Robinson (M40)	MMAC	4.00	3.80o, 4.00xo, 4.20xxx
2	33	Chris Mills (M40)	SCVAC	3.80	3.80o, 4.00xxx
3	13	Robert Kingman (M45)	EMAC	3.60	3.00o, 3.10o, 3.20o, 3.30o, 3.40o, 3.60xo, 3.80xxx
4	53	Jon Ladley	VAC	3.00	2.40o, 2.60-, 2.70o, 2.80-, 2.90xxo, 3.00xo, 3.10xxx
5	73	Jason Newell (M45)	NMAC	2.30	2.10xo, 2.20o, 2.30xo, 2.40xx

**M50 Pole Vault**

Pos	Bib	Name	Club	Perf	
1	65	Glyn Price	WMAA	3.80	2.00xo, 3.80xxo, 4.00xxx
2	35	John Andrews (M55)	SCVAC	3.40	3.20o, 3.30o, 3.40o, 3.60xxx
3	25	Terry Selway (M55)	MMAC	2.90	2.20o, 2.30-, 2.40-, 2.60o, 2.70o, 2.80xxo, 2.90o, 3.00xxx
	55	David Blunt (M65)	VAC	nhr	2.60xxx

**M35 Long Jump**

Pos	Bib	Name	Club	Perf	
1	73	Carl McMullen	NMAC	5.76	5.73, 5.76, 5.24, x
2	13	Clint Nicholls (M40)	EMAC	5.51	5.51, 5.47, 5.30, 5.26
3	33	Grant Stirling (M40)	SCVAC	5.42	5.42, 5.41, 5.40, 5.30
4	53	Franck Triolaire (M45)	VAC	5.04	5.04, -, -, -
5	23	Martin Aspley-Davis (M40)	MMAC	4.87	4.54, 4.64, 4.87, 2.35

**M50 Long Jump**

Pos	Bib	Name	Club	Perf	
1	15	Philip Bowers	EMAC	5.01	5.01, x, 4.90, 4.92
2	45	Paul Guest (M55)	SWVAC	4.96	4.94, 4.96, x, x
3	25	Paul Husbands	MMAC	4.71	4.71, 4.70, 4.68, 4.57
4	65	Robin Wood	WMAA	4.63	4.63, 4.40, 4.24, 2.73
5	35	Gary Capon (M55)	SCVAC	4.62	4.57, 4.62, 4.58, 4.62
6	55	Richard Weekes	VAC	4.45	3.98, 4.04, 3.42, 4.45

**M60 Long Jump**

Pos	Bib	Name	Club	Perf	
1	26	Henry Hopkins	MMAC	4.62	4.43, 4.46, 4.60, 4.62
2	36	Trevor Wade	SCVAC	4.42	4.06, 4.22, 4.42, 2.68
3	16	David Folgate (M65)	EMAC	4.07	x, 4.07, x, 3.91
4	66	Roderick Davies	WMAA	4.04	3.83, 3.93, 3.96, 4.04
5	56	Timothy Carter (M65)	VAC	3.82	3.01, 3.30, 3.35, 3.82

**M70 Long Jump**

Pos	Bib	Name	Club	Perf	
1	47	Neal Mason	SWVAC	3.91	3.48, 3.91, 3.69, 3.82
2	27	Lawrie Dunn	MMAC	3.71	2.57, 3.51, 3.45, 3.71
3	37	Ron Davies (M75)	SCVAC	3.57	3.29, 3.32, 3.49, 3.57
4	17	Ian Forster	EMAC	3.01	2.83, 2.79, 3.01, 2.84

**M35 Triple Jump**

Pos	Bib	Name	Club	Perf	
1	33	Grant Stirling (M40)	SCVAC	11.91	11.79, 11.91, 11.91, 11.67
2	13	Aaron Bollu (M40)	EMAC	11.13	11.13, 10.79, 10.56, -
3	73	Carl McMullen	NMAC	10.77	10.65, x, 10.77, -
4	23	James Robinson (M40)	MMAC	9.49	9.27, 9.49, -, -
5	63	David Shields (M55)	WMAA	8.47	8.33, 8.38, 8.45, 8.47

**M50 Triple Jump**

Pos	Bib	Name	Club	Perf	
1	15	Paul Harrison	EMAC	10.66	10.66, x, x, 10.43
2	35	Gary Capon (M55)	SCVAC	10.25	10.25, 10.15, x, -
3	65	Robin Wood	WMAA	9.94	9.75, 9.71, x, 9.94
4	25	Terry Selway (M55)	MMAC	9.86	9.07, 9.86, x, -
5	55	David Blunt (M65)	VAC	8.71	x, 8.36, x, 8.71
6	75	Roger Morley (M60)	NMAC	8.70	8.28, 8.52, 8.70, 8.59

**M35 Shot**

Pos	Bib	Name	Club	Perf	
1	13	Clint Nicholls (M40)	EMAC	9.44	8.75, 9.44, 9.25, 9.31
2	53	Franck Triolaire (M45)	VAC	8.69	8.12, 8.39, 8.69, 8.45
3	63	Ian Williams (M40)	WMAA	8.61	8.45, 8.17, 8.14, 8.61
4	23	Martin Aspley-Davis (M40)	MMAC	8.25	8.12, x, 8.25, 8.07
5	73	Geoffrey Render (M40)	NMAC	5.84	5.58, 5.84, 4.45, 5.44

**M50 Shot**

Pos		Name	Club	Perf	
1	15	Michael Hausler (M55)	EMAC	12.14	12.14, 12.08, 11.91, 11.74
2	55	Peter Wishart (M55)	VAC	9.39	8.71, 9.05, 9.33, 9.39
3	45	Paul Guest (M55)	SWVAC	8.82	8.11, 8.45, 8.17, 8.82
4	75	Leeroy Golding	NMAC	8.50	8.50, 7.56, 8.32, 8.49
5	35	Alex Ahmet (M60)	SCVAC	8.41	7.91, 8.41, 7.64, 8.36
6	65	David Glendower	WMAA	7.86	7.75, 7.71, 7.86, 7.74
7	25	Terry Selway (M55)	MMAC	6.67	-, 6.67, -, -

**M60 Shot**

Pos	Bib	Name	Club	Perf	
1	36	John Fenton	SCVAC	11.19	11.19, x, x, x
2	56	Keith Seldon	VAC	10.23	9.91, 10.04, 9.81, 10.23
3	16	Graeme Packman	EMAC	9.59	9.59, x, 9.47, 9.37
4	66	Roderick Davies	WMAA	7.07	6.69, 5.95, 6.60, 7.07
5	26	Henry Hopkins	MMAC	6.38	6.33, x, 6.29, 6.38

**M70 Shot**

Pos	Bib	Name	Club	Perf	
1	17	Geoff Tyler	EMAC	11.66	CBP 10.88, 11.66, 11.61, 11.21
2	57	Ivan Ivanovic (M75)	VAC	9.78	8.85, 9.47, 9.78, x
3	27	David Cowley	MMAC	9.65	9.49, 9.65, 8.84, x
4	37	John Gilbert (M75)	SCVAC	8.00	7.91, 7.60, 8.00, 7.94
5	67	Ian Robinson	WMAA	7.76	7.66, 7.33, x, 7.76

**EAMA INDOOR INTER AREA TRACK FIELD CHALLENGE**  
**LEE VALLEY ATHLETICS CENTRE, LONDON on SUNDAY 24th FEBRUARY 2011**

<b>Women</b>		
Pos	Region	Points
1	EMAC	203
2	WMAA	201
3	SCVAC	200.5
4	MMAC	176
5	VAC	130
6	SWVAC	73.5
7	NMAC	14

After 43 events scored

<b>Overall</b>		
Pos	Region	Points
1	EMAC	446
2	SCVAC	425.5
3	MMAC	398
4	WMAA	360
5	VAC	309
6	SWVAC	174.5
7	NMAC	82

After 139 total events scored

**W35 60m**

Pos	Bib	Name	Club	Perf
1	23	Ellena Ruddock (W40)	MMAC	8.11
2	63	Joanne Frost (W40)	WMAA	8.22
3	33	Lisa Boland	SCVAC	8.26
4	53	Helen Channon (W40)	VAC	8.30
5	43	Cara Marsh	SWVAC	9.06
6	73	Carol Holt (W40)	NMAC	9.11
7	13	Heidi Nicholas	EMAC	9.28

**W50 60m**

Pos	Bib	Name	Club	Perf
1	65	Juliet Sidney	WMAA	8.74
2	45	Janet Dickinson	SWVAC	8.79
3	55	Angela Bates	VAC	8.82
4	35	Michele Wakefield	SCVAC	9.64
5	15	Tessa Stephenson (W55)	EMAC	10.11

**W60 60m**

Pos	Bib	Name	Club	Perf
1	36	Joan Trimble	SCVAC	9.78
2	16	Emily McMahon (W65)	EMAC	10.26
3	26	Sally Hine (W65)	MMAC	10.32
4	56	Hel James (W65)	VAC	10.92
5	66	Dorothy Fraser (W80)	WMAA	14.34

**W70 60m**

Pos	Bib	Name	Club	Perf
1	27	Angela Copson	MMAC	11.35
2	67	Iris Holder (W75)	WMAA	11.38
3	47	Anne Dockery	SWVAC	11.96
4	17	Iris Hornsey (W75)	EMAC	12.92
5	37	Eileen Kear (W85)	SCVAC	16.16

**W35 200m**

Pos	Bib	Name	Club	Perf
1	23	Ellena Ruddock (W40)	MMAC	26.75
2	33	Lisa Boland	SCVAC	27.91
3	13	Claire Smith (W40)	EMAC	28.19
4	53	Joanna Flowers (W50)	VAC	28.49
5	63	Eleri Jones	WMAA	29.48
6	73	Carol Holt (W40)	NMAC	29.95
7	43	Henrietta Anstey (W45)	SWVAC	31.50



**W50 200m**

Pos	Bib	Name	Club	Perf
1	45	Janet Dickinson	SWVAC	28.74
2	65	Sharon Samuel	WMAA	30.00
3	25	Susan Frisby (W55)	MMAC	30.28
4	55	Lisa Thomas	VAC	31.07
5	35	Michele Wakefield	SCVAC	32.22
6	15	Tessa Stephenson (W55)	EMAC	33.30

**W60 200m**

Pos	Bib	Name	Club	Perf
1	16	Edith Caux	EMAC	32.27
2	66	Rosalind Townsend-Hope (W65)	WMAA	36.80
3	26	Sally Hine (W65)	MMAC	37.30
4	56	Andrea Sanders-Reece	VAC	38.72
5	46	Lesley Wright	SWVAC	38.74
6	36	Lyn Ahmet (W65)	SCVAC	42.61

**W35 400m**

Pos	Bib	Name	Club	Perf
1	33	Monique Krefling (W45)	SCVAC	58.46
2	53	Joanna Flowers (W50)	VAC	63.14
3	73	Sharon Wilkinson (W45)	NMAC	64.00
4	23	Natalie Bratt	MMAC	64.34
5	13	Corinne Nurse (W40)	EMAC	64.52
6	63	Victoria Watkins	WMAA	69.74
7	43	Lisa Carpenter (W45)	SWVAC	71.07

**W50 400m**

Pos	Bib	Name	Club	Perf
1	55	Lisa Thomas	VAC	66.81
2	25	Fiona Palmer	MMAC	70.40
3	65	Louise Kirby	WMAA	72.19
4	35	Mary Brown (W55)	SCVAC	74.90
5	15	Elizabeth Welbourn (W55)	EMAC	74.92

CBP

**W60 400m**

Pos	Bib	Name	Club	Perf
1	36	Helen Godsell (W65)	SCVAC	72.23
2	16	Edith Caux	EMAC	72.89
3	66	Rosalind Townsend-Hope (W65)	WMAA	80.75
4	56	Ros Tabor (W65)	VAC	81.13
5	26	Nancy Hitchmough (W65)	MMAC	88.55

**W35 800m**

Pos	Bib	Name	Club	Perf
1	63	Georgie Parnell	WMAA	2:23.24
2	53	Lizzie Amos (W40)	VAC	2:24.27
3	73	Sharon Wilkinson (W45)	NMAC	2:40.46
4	23	Carolyn Derbyshire (W40)	MMAC	2:57.38

**W50 800m**

Pos	Bib	Name	Club	Perf
1	35	Virginia Mitchell (W55)	SCVAC	2:27.97
2	65	Sarah Everitt	WMAA	2:32.83
3	55	Lisa Webb	VAC	2:36.53
4	15	Christine Anthony (W55)	EMAC	2:38.53
5	25	Sharon Orridge	MMAC	2:41.68
6	45	Louise Jeffries (W55)	SWVAC	2:54.79

CBP

**W60 800m**

Pos	Bib	Name	Club	Perf
1	56	Anna Garnier	VAC	2:57.84
2	16	Diane Baldwin	EMAC	3:03.38
3	26	Nancy Hitchmough (W65)	MMAC	3:07.55
4	66	Rosalind Townsend-Hope (W65)	WMAA	3:09.86
5	46	Lesley Wright	SWVAC	3:13.19
6	36	Sue James (W65)	SCVAC	3:45.26

**W70 800m**

Pos	Bib	Name	Club	Perf
1	27	Angela Copson	MMAC	3:04.35
2	47	Anne Dockery	SWVAC	3:22.53
3	17	Iris Hornsey (W75)	EMAC	3:58.49

**W35 1500m**

Pos	Bib	Name	Club	Perf
1	53	Clare Elms (W55)	VAC	4:50.75
2	13	Helen Taczynski	EMAC	5:05.23
3	63	Llinos Jones	WMAA	5:14.02

**W50 1500m**

Pos	Bib	Name	Club	Perf
1	65	Sarah Everitt	WMAA	5:17.81
2	25	Clare Jolliffe	MMAC	5:19.57
3	15	Christine Anthony (W55)	EMAC	5:21.05
4	55	Lisa Webb	VAC	5:22.67
5	35	Caroline Wood (W55)	SCVAC	5:43.78

**W60 1500m**

Pos	Bib	Name	Club	Perf
1	16	Diane Baldwin	EMAC	6:02.34
2	56	Avril Riddell	VAC	6:23.99
3	46	Lesley Wright	SWVAC	6:46.58
4	66	Helen Lutley (W65)	WMAA	7:08.43
5	36	Sue James (W65)	SCVAC	

**W35 3000m**

Pos	Bib	Name	Club	Perf
1	63	Helen-Marie Davies (W40)	WMAA	10:59.89
2	13	Helen Taczynski	EMAC	11:01.54
3	33	Lynne Champion (W50)	SCVAC	11:45.54
4	53	Sarah Williams (W45)	VAC	12:32.23

**W50 3000m**

Pos	Bib	Name	Club	Perf
1	65	Sarah Everitt	WMAA	11:13.31
2	25	Clare Jolliffe	MMAC	11:19.03
3	35	Caroline Wood (W55)	SCVAC	11:51.00
4	45	Louise Jeffries (W55)	SWVAC	13:16.04
5	15	Angela Underdown	EMAC	16:54.55

**W60 3000m**

Pos	Bib	Name	Club	Perf
1	16	Diane Baldwin	EMAC	13:11.06
2	56	Avril Riddell	VAC	13:25.80
3	66	Andrea Webster	WMAA	14:08.25

**W35 2km Walk**

Pos	Bib	Name	Club	Perf
1	23	Carolyn Derbyshire (W40)	MMAC	10:39.14
2	53	Penelope Cummings (W40)	VAC	10:54.77
3	13	Melanie Peddle (W50)	EMAC	11:12.22
4	33	Sue Davies (W50)	SCVAC	13:10.81

**W50 2km Walk**

Pos	Bib	Name	Club	Perf
1	25	Wendy Kane	MMAC	11:36.02
2	15	Helen Middleton (W55)	EMAC	11:49.25
3	55	Maureen Noel (W55)	VAC	13:07.66
4	35	Angela Martin	SCVAC	14:19.56
5	65	Louise Kirby	WMAA	15:37.48

**W60 2km Walk**

Pos	Bib	Name	Club	Perf
1	26	Ann Wheeler	MMAC	11:57.28
2	16	Diane Baldwin	EMAC	12:51.39
3	36	Noel Blatchford (W70)	SCVAC	12:53.21

**W35 60m Hurdles**

Pos	Bib	Name	Club	Perf
1	33	Julia Machin (W45)	SCVAC	9.38
2	23	Paula Williams (W45)	MMAC	9.52
3	13	Lyndsay Yellop (W40)	EMAC	10.44
4	63	Amanda Broadhurst (W45)	WMAA	10.87

**W50 60m Hurdles**

Pos	Bib	Name	Club	Perf
1	25	Susan Frisby (W55)	MMAC	9.89
2	35	Kay Reynolds	SCVAC	10.46
3	45	Janet Dickinson	SWVAC	10.59
4	55	Wendy Lewis	VAC	10.70
5	15	Gaye Clarke (W55)	EMAC	11.27
6	65	Jan Timberlake	WMAA	11.82

**W35 4x200m**

Pos	Bib	Name	Club	Perf
1	23	Paula Williams (W45), Natalie Bratt, Janelle Quinn (W40), Ellena Ruddock (W40)	MMAC	1:54.38
2	13	Lyndsay Yellop (W40), Helen Taczynski, Corinne Nurse (W40), Claire Smith (W40)	EMAC	1:55.47
3	63	Joanne Frost (W40), Eleri Jones, Georgie Parnell, Amanda Broadhurst (W45)	WMAA	1:57.04
4	43	Cara Marsh, Janet Dickinson (W50), Henrietta Anstey (W45), Lisa Carpenter (W45)	SWVAC	2:05.61
5	53	Lizzie Amos (W40), Helen Channon (W40), Joanna Flowers (W50), Sarah Williams (W45)	VAC	2:05.81

**W50 4x200m**

Pos	Bib	Name	Club	Perf
1	65	Juliet Sidney, Melanie Garland (W55), Sharon Samuel, Louise Kirby	WMAA	2:01.99
2	55	Angela Bates, Rachel Waters, Anna Garnier (W60), Lisa Thomas	VAC	2:10.53
3	15	Tessa Stephenson (W55), Gaye Clarke (W55), Janice Hardcastle (W55), Elizabeth Welbourn (W55)	EMAC	2:12.40

**W60 4x200m**

Pos	Bib	Name	Club	Perf
1	36	Joan Trimble, Lyn Ahmet (W65), Helen Godsell (W65), Teresa Eades	SCVAC	2:19.75
2	16	Diane Baldwin, Penny Butcher, Emily McMahon (W65), Edith Caux	EMAC	2:20.76
3	26	Sally Hine (W65), Jillian Roginski, Nancy Hitchmough (W65), Angela Copson (W70)	MMAC	2:30.29
4	66	Julie Wakelam, Iris Holder (W75), Rosalind Townsend-Hope (W65), Dorothy Fraser (W80)	WMAA	2:56.46

**W35 High Jump**

Pos	Bib	Name	Club	Perf
1	33	Julia Machin (W45)	SCVAC	1.60
2	13	Heidi Nicholas	EMAC	1.40
3	23	Janelle Quinn (W40)	MMAC	1.40
4	63	Claudia Cabbage (W45)	WMAA	1.30

1.50o,1.55o,1.60xxo,1.65xxx

1.30o,1.35o,1.40xo

1.25o,1.30o,1.35xo,1.40xxo,1.45xx

1.25o,1.30xo,1.35xxx

**W50 High Jump**

Pos		Name	Club	Perf	
1	65	Alison Murray	WMAA	1.41	=CBP 1.20o,1.23o,1.26o,1.29o,1.32o,1.35o,1.38o,1.41o,1.44xxx
2	35	Kay Reynolds	SCVAC	1.26	1.20o,1.23-,1.26o,1.29xxx
2	45	Janet Dickinson	SWVAC	1.26	1.20o,1.23-,1.26o
4	15	Gaye Clarke (W55)	EMAC	1.20	1.11o,1.14o,1.17o,1.20o,1.23xxx
5	55	Rachel Waters	VAC	1.11	1.02o,1.05o,1.08o,1.11xo

**W60 High Jump**

Pos		Name	Club	Perf	
1	16	Penny Butcher	EMAC	1.26	0.90xo,0.93xo,0.96xxo
2	36	Teresa Eades	SCVAC	1.23	0.90o,0.93xo
3	26	Jillian Roginski	MMAC	1.17	1.11o,1.14o,1.17o,1.20xxx
4	66	Julie Wakelam	WMAA	1.14	0.99o,1.02-,1.05o,1.08o,1.11o,1.14xxo,1.17xxx
5	56	Anna Garnier	VAC	1.02	0.90o,0.93o,0.96-,0.99-,1.02o

**W35 Pole Vault**

Pos	Bib	Name	Club	Perf	
1	33	Caroline Parkinson	SCVAC	3.20	
2	13	Jemma Eastwood (W40)	EMAC	2.80	2.80o,2.90-,3.00xxx
	63	Claudia Cabbage (W45)	WMAA	nhr	2.20xxx

**W50 Pole Vault**

Pos	Bib	Name	Club	Perf	
1	65	Alison Murray	WMAA	2.80	=CBP 2.70o,2.80o,2.90xxx
2	35	Susan Yeomans (W65)	SCVAC	2.60	2.20o,2.30o,2.40xo,2.50o,2.60xxo,2.70xxx
3	15	Sandra Pedley	EMAC	1.90	1.80xxo,1.90xxo,2.00xxx

**W35 Long Jump**

Pos	Bib	Name	Club	Perf	
1	33	Julia Machin (W45)	SCVAC	5.14	5.00, 5.08, 4.98, 5.14
2	63	Joanne Frost (W40)	WMAA	5.13	5.01, 4.95, 5.04, 5.13
3	13	Heidi Nicholas	EMAC	4.46	4.46, x, x, 4.30
4	23	Janelle Quinn (W40)	MMAC	4.28	4.01, 4.22, 4.27, 4.28

**W50 Long Jump**

Pos	Bib	Name	Club	Perf	
1	45	Janet Dickinson	SWVAC	4.77	CBP 4.65, 4.74, 4.74, 4.77
2	35	Louise Wood	SCVAC	4.65	4.65, 4.55, 4.55, 4.50
3	65	Jan Timberlake	WMAA	4.13	3.94, 4.13, 3.99, 4.02
4	25	Susan Frisby (W55)	MMAC	4.02	4.02, 3.88, 3.91, 3.88
5	15	Janice Hardcastle (W55)	EMAC	3.11	3.02, 3.09, 2.94, 3.11

**W60 Long Jump**

Pos	Bib	Name	Club	Perf	
1	36	Teresa Eades	SCVAC	3.98	3.93, 3.98, 3.96, 3.86
2	16	Penny Butcher	EMAC	3.71	x, 3.65, 3.70, 3.71
3	26	Jillian Roginski	MMAC	3.66	3.52, 3.57, x, 3.66
4	66	Julie Wakelam	WMAA	3.58	3.45, 3.36, 3.44, 3.58
5	56	Hel James (W65)	VAC	2.74	x, 2.71, 2.74, 2.61

**W70 Long Jump**

Pos	Bib	Name	Club	Perf	
1	67	Iris Holder (W75)	WMAA	2.88	2.88, 2.82, x, 2.72
2	17	Iris Hornsey (W75)	EMAC	2.29	2.24, 2.29, -, -
3	37	Eileen Kear (W85)	SCVAC	1.12	1.00, x, 1.01, 1.12

**W35 Triple Jump**

Pos	Bib	Name	Club	Perf	
1	33	Julia Machin (W45)	SCVAC	10.81	CBP 10.52, 10.81, 10.61, 10.50
2	63	Amanda Cook (W40)	WMAA	8.59	8.59, x, 7.69, x
3	13	Heidi Nicholas	EMAC	8.53	8.29, 8.53, 8.40, 8.47
4	23	Janelle Quinn (W40)	MMAC	8.18	8.06, -, 7.89, 8.18

**W50 Triple Jump**

Pos	Bib	Name	Club	Perf	
1	35	Louise Wood	SCVAC	9.91	9.68, 9.71, 9.78, 9.91
2	65	Melanie Garland (W55)	WMAA	9.28	9.28, 9.10, -, 8.94
3	15	Janice Hardcastle (W55)	EMAC	7.10	6.81, -, 7.10, 6.98

**W35 Shot**

Pos	Bib	Name	Club	Perf	
1	23	Paula Williams (W45)	MMAC	11.06	11.06, -, 9.33, 10.50
2	33	Marianne Berndt (W40)	SCVAC	10.56	10.00, 10.56, 10.25, 9.58
3	63	Claudia Cabbage (W45)	WMAA	9.11	8.64, -, 8.89, 9.11
4	13	Carey Hollick (W45)	EMAC	6.90	6.45, 6.16, 6.90, 6.81

**W50 Shot**

Pos	Bib	Name	Club	Perf	
1	55	Jennifer Agyepong	VAC	9.09	8.45, 9.09, x, 7.49
2	45	Janet Dickinson	SWVAC	8.99	8.99, 8.16, 8.66, 8.93
3	25	Susan Frisby (W55)	MMAC	8.95	-, -, 8.74, 8.95
4	35	Kay Reynolds	SCVAC	8.65	7.73, 8.31, 8.65, -
5	65	Karen Llewelin (W55)	WMAA	7.92	7.40, 7.49, 7.92, 7.50
6	15	Wendy Dunsford (W55)	EMAC	7.26	6.93, 7.16, 7.26, 7.15

**W60 Shot**

Pos	Bib	Name	Club	Perf	
1	36	Vilma Thompson (W65)	SCVAC	8.99	8.58, 8.99, -, 8.86
2	26	Jillian Roginski	MMAC	8.51	8.43, 8.44, 7.72, 8.51
3	66	Renate Prells	WMAA	7.48	7.48, 7.18, 7.29, 7.29
4	16	Carole Filer	EMAC	7.05	6.67, 6.59, 7.05, 6.45
5	56	Anna Garnier	VAC	6.56	6.20, -, 6.42, 6.56

**W70 Shot**

Pos	Bib	Name	Club	Perf	
1	37	Elizabeth Sissons	SCVAC	7.91	7.76, 7.91, 7.72, -
2	67	Iris Holder (W75)	WMAA	5.43	5.17, 5.15, 5.43, 5.19
3	27	Angela Copson	MMAC	4.34	-, -, 4.26, 4.34
4	17	Iris Hornsey (W75)	EMAC	4.07	4.07, 4.06, -, -