

Place	Bib	First Name	Last Name	Club	Category	Performance
1	29	Sarah Jane	Murphy	Vale Royal AC	W40	21:23.0
2	38	Sue	Cordingley	Bingley Harriers & AC	W55	25:05.0
3	39	Gwen	Kinloch	Burnden Road Runners	W55	25:56.0
4	45	Eric	Ranicar	Bolton United Harriers & AC	M70	27:40.0
5	34	Debbie	Moreton	Vale Royal AC	W45	27:58.0
6	37	Emma	MacQueen	East Cheshire Harriers & Tameside AC	W50	28:38.0
7	43	Jan	Needham	Rochdale Harriers & AC	W65	29:04.0
8	36	Jayne	Lomax	Vale Royal AC	W50	30:00.0
9	47	Mike	Barnes	Northern Masters AC	M75	31:18.0
10	49	Tony	Lythe	Sale Harriers Manchester	M75	32:03.0
11	52	Steve	James	Southport Waterloo AC	M80	33:55.0
12	51	David	Tomlinson	Bolton United Harriers & AC	M75	34:13.0
13	41	Denise	Wakefield	Salford Harriers & AC	W60	34:23.0
14	33	Karen	Doherty	Radcliffe AC	W45	35:36.0
15	48	Ken	Black	Spectrum Striders	M75	35:50.0
16	53	Joe	Park	Northern Masters AC	M80	37:07.0

Place	Bib	First Name	Last Name	Club	Category	Performance
1	57	Phillip	Tedd	Thames Hare & Hounds	M40	29:46.0
2	64	Stephen	Spence	Wirral AC	M45	30:20.0
3	59	Ed	Fazakerley	Manchester Harriers & AC	M45	30:29.0
4	54	Matthew	Taylor	South Cheshire Harriers	M35	30:46.0
5	76	Andy	Gibbs	Vale Royal AC	M55	30:54.0
6	72	Colin	Bishop	Warrington A C	M55	31:28.0
7	79	Stephen	Watmough	Warrington A C	M55	32:03.0
8	63	Matthew	Smith	South Cheshire Harriers	M45	32:18.0
9	77	David	Norman	Warrington A C	M55	32:42.0
10	90	Rob	Jackson	Horwich RMI Harriers	M50	32:57.0
11	60	Owen	Flage	Oldham & Royton	M45	33:22.0
12	69	Ian	Fraser	East Cheshire Harriers & Tameside AC	M50	33:56.0
13	55	Nicholas	Hackett	South Cheshire Harriers	M40	34:06.0
14	67	Christopher	Duncan	Worksop Harriers	M50	34:22.0
15	91	Andy	Staveley	Burnden Road Runners	M55	34:31.0
16	58	Andrew	Carter	West Cheshire Athletic Club	M45	34:50.0
17	62	James	Simpson	South Cheshire Harriers	M45	34:55.0
18	85	Mervyn	Ward	Warrington A C	M60	35:02.0
19	73	Stephen	Burthem	Warrington A C	M55	35:23.0
20	84	Robert	Johnson	Southport Waterloo AC	M60	36:00.0
21	65	Giles	Bennett	Bury Athletic Club	M50	36:04.0
22	75	Martin	Farran	Leeds City Athletic Club	M55	36:15.0
23	83	Barry	Greaves	Royton Road Runners	M60	36:31.0
24	81	Richard	Annable	Skipton AC	M60	37:12.0
25	56	Davyd	Michell	Helsby Running Club	M40	37:56.0
26	74	Andrew	Duffy	Burnden Road Runners	M55	38:37.0
27	71	Craig	Turner	Manchester Harriers & AC	M50	40:37.0
28	61	Jason	Newell	Spensborough & Dist AC	M45	42:40.0
29	87	John	Archer	Winston Runners	M65	42:59.0
30	66	Andrew	Cole	East Cheshire Harriers & Tameside AC	M50	44:00.0
31	80	Andy	Warburton	Burnden Road Runners	M55	45:45.0
32	89	Kenneth	Stanley	Northern Masters AC	M65	47:14.0
33	86	Lee	Ainsworth	Sale Harriers Manchester	M65	48:50.0
34	82	Kevin	Dillon	Manchester Harriers & AC	M60	56:33.0

W40

Pos	Bib	First Name	Last Name	Time
1	Vale Royal AC		6 Points	01:19:21
1	29	Sarah Jane	Murphy	21:23.0
5	34	Debbie	Moreton	27:58.0
8	36	Jayne	Lomax	30:00.0

M35

Pos	Bib	First Name	Last Name	Time
1	South Cheshire Harriers		6 points	01:37:10
4	54	Matthew	Taylor	30:46.0
8	63	Matthew	Smith	32:18.0
13	55	Nicholas	Hackett	34:06.0
17	62	James	Simpson	34:55.0

M45

Pos	Bib	First Name	Last Name	Time
1	Manchester Harriers & AC		14 Points	02:07:39
3	59	Ed	Fazakerley	30:29.0
27	71	Craig	Turner	40:37.0
34	82	Kevin	Dillon	56:33.0

M55

Pos	Bib	First Name	Last Name	Time
1	Warrington A C		9 Points	01:36:13
6	72	Colin	Bishop	31:28.0
7	79	Stephen	Watmough	32:03.0
9	77	David	Norman	32:42.0
2	Burnden Road Runners		24 Points	01:58:53
15	91	Andy	Staveley	34:31.0
26	74	Andrew	Duffy	38:37.0
31	80	Andy	Warburton	45:45.0