



Northern Masters Athletic Club

Affiliated to UKA and British / England Masters

Founded by Norman Ashcroft - 1968

Chairman: Phil Lee	President: Caroline Marler	Secretary: Alina Stepanchuk	Treasurer: Dave Flitcroft
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November News Update

Dear Member,

The Committee hope that you are keeping safe and Covid free. We have not heard of any member succumbing to the disease but please tell us if you are aware of any one who has.

As much of the NMAC area is under additional restrictions, you will not be surprised to hear that it has not been possible to organise any events for you to participate in apart from our Virtual Grand Prix. As a committee we have been meeting regularly by video link, to discuss the situation and have found it frustrating to have to keep cancelling events which we could have run under normal circumstances. As it is, it looks like we will probably have no events until 2021. We have already discussed the Cross Country Championships and are hopeful that we may get them on next year. We have to give an early announcement so that you can prepare to compete and we can plan the event. However as you know from trying to holiday abroad, the situation can change very rapidly and what we have planned for a month ahead could have to be cancelled a week before the event. Rest assured that whatever is planned, we will always have your health and safety in mind.

One event we have been able to plan is the **AGM** which has been set for **Sunday December 6th 2020 at 2 pm**. It will be by Zoom and you do have to preregister to participate. Full details are being posted online for ALL members and there will be some details on the website as well. As you know, we normally hold it after an event so that those competing will hopefully stay on for the AGM. This year we have had to take a different approach and we hope that as many of you as possible will attend. If it is a success we may decide to hold it by Zoom in the future.

We have welcomed Richard Higson-Blythe onto the committee as Welfare Officer. I am sure that sometime in the future he will explain to you how he sees his post in terms of athletics.

Although we have been unable to hold outdoor events we are holding virtual races over 5k and 10K. Details are on the website so have a look at them and see how you can participate. If you haven't run virtually it may be a good time to try an event and see how it goes. If the pandemic continues for longer it may be the way to run in the future. If it is a success we may look to organise a few more similar events.

On behalf of the committee may I wish you all the best with your athletic training and hope that you continue to exist in a Covid free environment.

Yours in Sport,

Philip Lee

Chair NMAC