

## Northern Masters Age Group Womens Field Records

### EVENT

<u>AGE CAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>TIME</u>	<u>YEAR</u>
----------------	-------------	-------------	-------------	-------------

### HIGH JUMP

35	Wendy Laing	Liverpool Harriers	1.60	2001
40	Wendy Laing	Lancs & Morecambe	1.65	2005
45	Wendy Laing	Lancs & Morecambe	1.55	2008
50	Wendy Laing	Leigh Harriers	1.50	2013
55	Wendy Laing	Leigh Harriers	1.55i	2018
60	Elsbeth Macpherson	Lytham St Anne's	1.19	2009

### LONG JUMP

35	Wendy Laing	Liverpool Harriers	5.04	2001
40	Wendy Laing	Lancs & Morecambe	5.12	2005
45	Mandy Laing	NVAC	4.98	2005
50	Wendy Laing	Leigh Harriers	4.47	2013
55	Wendy Laing	Leigh Harriers	4.61	2019
60	Ilse Hemmings	Bolton Utd Harriers	3.84	2017
65	Sheila Bolland	Spenborough AC	2.44	2007
70	Maria Williams	NMAC	2.52	2018

### TRIPLE JUMP

35	Lynsie Whyke	Wakefield Harriers	10.91	2019
40	Claire Bowman	Kingston Upon Hull	9.14	2005
45	Mandy Laing	NVAC	10.55	2005
50	Susan Richardson	City of York RC	8.52	2013
55	Caroline Marler	Otley AC	8.98	2006
60	Ilse Hemmings	Bolton Utd Harriers	7.43	2019
65	Sheila Bolland	Spenborough AC	4.66	2009

### POLE VAULT

40	Jennifer Cunnane	Wakefield Harriers	2.90	1998
45	Jennifer Ibbitson	Spenborough AC	2.90	2005
50	Jennifer Ibbitson	Spenborough AC	2.90	2007
55	Sheila Bolland	Spenborough AC	1.00	2007
60	Jennifer Ibbitson	Wakefield Harriers	2.41	2018

### HAMMER

35	Bethan Lishman	Wigan & District	42.68	2019
40	Jennifer Cunnane	Wakefield Harriers	42.20	1998
45	Jennifer Ibbitson	Spenborough AC	36.85	2006
50	Jennifer Ibbitson	Spenborough AC	44.18	2008
55	Julie Wilson	Reading AC	35.55	2018



60	Jennifer Ibbitson	Wakefield Harriers	36.24	2018
65	Linda Ridsdale	Wakefield Harriers	24.48	2014
70	Sheila Bolland	Spensorough AC	25.38	2007

#### DISCUS

35	Karen Sharp	Hull Achilles	33.72	1996
40	Jennifer Cunnane	Wakefield Harriers	34.74	1999
45	Jennifer Ibbitson	Spensorough AC	32.51	2005
50	M Tipping	NVAC	31.17	1986
55	Julie Wilson	Reading AC	30.29	2018
60	Jennifer Ibbitson	Wakefield Harriers	26.49	2019
65	Sheila Bolland	Spensorough AC	14.76	2009
70	Sheila Bolland	Spensorough AC	12.00	2014

#### JAVELIN

35	Dianne Smith	Hull Achilles	38.16	1996
40	Mandy Laing	Liverpool	31.75	2001
45	Mandy Laing	NVAC	32.02	2005
50	Wendy Laing	Leigh Harriers	26.73	2013
55	Caroline Marler	Otley AC	25.22	2006
60	Maria Williams	Nestle Rowntree	19.30	2008
65	Sheila Bolland	Spensorough AC	11.68	2008
70	Maria Williams	NMAC	14.03	2014

#### SHOT PUTT

35	Fiona Thomas	Spensorough AC	12.05	2015
40	Mandy Laing	Liverpool	10.87	2000
45	Mandy Laing	NVAC	10.17	2005
50	Jennifer Ibbitson	Spensorough AC	11.04	2010
55	Julie Wilson	Reading AC	10.31	2018
60	Jennifer Ibbitson	Wakefield Harriers	9.76	2017
65	Caroline Marler	Otley AC	8.49	2017
70	Ann Rhodes	NMAC	4.31	2019

#### WEIGHT THROW

35	Bethan Lishman	Wigan & District	12.05	2019
45	Jennifer Ibbitson	Wakefield Harriers	13.88	2007
50	Jennifer Ibbitson	Wakefield Harriers	13.71	2010
55	Jennifer Ibbitson	Wakefield Harriers	13.60	2017
60	Jennifer Ibbitson	Wakefield Harriers	14.47	2018

Please note that records can only be ratified if on Power of 10 or at Northern Masters Track Championship  
If you have broken a club record please contact Hon Treasurer with details





