

NAME	CLUB	5k RESULT	Sex	AgeGroup	AGE GRADED	Performance	Member
Rob Watkinson	Rotherham Harriers & AC	00:16:44	M	45	14:50	87.49%	Yes
Andy Turner	Roundhay Runners	00:16:47	M	35	16:14	79.98%	Yes
Robert Walsh	Chorley Athletic & Triathlon Club	00:17:26	M	50	15:21	84.62%	Yes
Danny Thompson	Ilkley Harriers	00:17:35	M	45	16:04	80.82%	No
Ken Harker	Richmond & Zetland Harriers	00:18:59	M	50	16:27	78.91%	NO
David Gill	Warrington AC	00:19:38	M	65	15:10	85.56%	Yes
Steve Taylor	Wirral AC	00:20:01	M	65	15:36	83.20%	Yes
Mike Jackson	Tadcaster Harriers	00:20:15	M	60	15:55	81.54%	Yes
Thomas Mortimer	Northern Masters AC	00:21:00	M	35	20:02	64.82%	Yes
Steven Doxey	Swinton Running Club	00:21:02	M	60	16:41	77.84%	Yes
Michael Gill	Harrogate Harriers & AC	00:21:07	M	55	17:36	73.79%	Yes
Frank Cordingley	Sale Harriers Manchester	00:21:20	M	60	17:04	76.10%	Yes
Brian Lucas	Northern Masters AC	00:22:11	M	75	15:22	84.50%	Yes
Richard Spendlove	Stainland Lions Running Club	00:23:39	M	75	15:48	82.18%	Yes
Eric Ranicar	Bolton United Harriers & AC	00:25:42	M	75	17:48	72.94%	Yes
Geoff Beattie	Sale Harriers Manchester	00:27:00	M	70	19:50	65.48%	Yes
Geoffrey Pearson	Northern Masters AC	00:28:00	M	70	20:18	63.97%	Yes
Bill Haygarth	Bingley Harriers & AC	00:28:38	M	65	21:31	60.34%	Yes
Michael Barnes	Northern Masters AC	00:29:08	M	80	17:21	74.84%	Yes
Kevin Dillon	Manchester Harriers & AC	00:33:51	M	65	25:26	51.04%	Yes

NAME	CLUB	5k RESULT	Sex	AgeGroup	AGE GRADED	Performance	Member
Debra Crook	Liverpool Pembroke & Sefton Harriers AC	00:19:00	F	40	18:16	80.82%	Yes
Jane McCarthy	Ilkley Harriers	00:19:56	F	50	17:49	82.89%	NO
Stephanie Robson	Bingley Harriers & AC	00:20:22	F	50	18:00	82.02%	Yes
Sarah Gill	Harrogate Harriers & AC	00:21:16	F	60	16:56	87.17%	Yes
Tracey Gibson	Wolds Veteran RC	00:22:19	F	55	18:00	82.06%	Yes
Jo Heseltine	Rothwell Harriers & AC	00:24:15	F	55	19:47	74.62%	Yes
Claire Easton	Rothwell Harriers & AC	00:25:43	F	50	22:44	64.96%	No

Number	Time	Name	Gender	Cat	Member?
97	00:16:44	Rob Watkinson	M	MV45	Yes
74	00:16:47	Andy Turner	M	MV35	Yes
98	00:17:26	Robert Walsh	M	MV50	Yes
79	00:17:35	Danny Thompson	M	MV45	No
88	00:18:59	Ken Harker	M	MV50	NO
61	00:19:00	Debra Crook	F	FV40	Yes
80	00:19:38	David Gill	M	MV65	Yes
65	00:19:56	Jane McCarthy	F	FV50	NO
503	00:20:01	Steve Taylor	M	MV65	Yes
93	00:20:15	Mike Jackson	M	MV60	Yes
71	00:20:22	Stephanie Robson	F	FV50	Yes
515	00:21:00	Thomas Mortimer	M	MV35	Yes
512	00:21:02	Steven Doxey	M	MV60	Yes
91	00:21:07	Michael Gill	M	MV55	Yes
70	00:21:16	Sarah Gill	F	FV60	Yes
84	00:21:20	Frank Cordingley	M	MV60	Yes
76	00:22:11	Brian Lucas	M	MV75	Yes
73	00:22:19	Tracey Gibson	F	FV55	Yes
96	00:23:39	Richard Spendlove	M	MV75	Yes
66	00:24:15	Jo Heseltine	F	FV55	Yes
82	00:25:42	Eric Ranicar	M	MV75	Yes
60	00:25:43	Claire Easton	F	FV50	No
85	00:27:00	Geoff Beattie	M	MV70	Yes
86	00:28:00	Geoffrey Pearson	M	MV70	Yes
75	00:28:38	Bill Haygarth	M	MV65	Yes
92	00:29:08	Michael Barnes	M	MV80	Yes
89	00:33:51	Kevin Dillon	M	MV65	Yes