

## NMAC NEWSLETTER April 24

As we move into Spring, NMAC are pleased to announce that they have been planning several events for our members to participate in. If you have been looking at the fixture list on the website, you may already be aware of some of these events. If not a regular, looking will keep you up to date with what is going on.

There are several opportunities to enter Track and Field results over the course of the year. The main one being our **Track and Field Championships at Leigh Sports Village on 29<sup>th</sup> June**. Details of how to enter and the events will be shortly posted onto the website so keep looking.

NMAC are also working with other tracks to put on events during summer evenings. **On August 8<sup>th</sup> Halifax Harriers** are holding an evening meeting which we are helping to promote. So again, if you are interested all information will eventually appear on the website. NMAC would like to inform you that this is not a Championship event but an opportunity to compete against fellow athletes in NMAC.

NMAC are also in discussions with East Cheshire for a similar event at their track. At present there are no firm details but as usual keep looking at the website especially as this could happen in June. One aspect that all these events need is officials so if you are an official but not competing and you would like to help out then contact the hosting club, not NMAC, and offer your assistance.

You may have also noticed that there will be **Run, Jump, Throw** events on **May 1<sup>st</sup>, June 12<sup>th</sup> and July 3<sup>rd</sup> at Sheffield**. Again, full details on the website.

There are also a series of evening meetings being organised by York AC on May 1<sup>st</sup>, June 5<sup>th</sup> and July 4<sup>th</sup> with a variety of events on. Although it is not an "official" NMAC event it would be very useful for any of you who would like some competition.

For those of you who are more inclined to road running then we have not forgotten you. The **10K Road Championships** will be held within the **Halifax 10K** race in **July**. NMAC are also going to hold a 10-mile Championship within the **Hutton 10-mile race on 17<sup>th</sup> November**. Hutton is just south of Preston on the A59. All details will appear on the website.

NMAC have now enabled you to purchase NMAC hoodies and bobble hats from Fastrax online. Just follow the link on the website and all be revealed.

NMAC would like to congratulate our committee member, Sue Cordingley, on being appointed EMAA cross country secretary. Sue has been a successful member of England Masters Cross Country team for a good many years now and is certainly experienced in what is involved with the international event. We wish her well in her post.

Take care and enjoy the summer and keep your eye on the w--s--e!!!

NMAC Chair