

Position	Number	Name	Club	Time	Gender	Cat	UKA	Member?	Age Grade
1	272	Mark Bolland-Cage	City of York AC	00:16:14	M	MV35		Yes	81.70%
2	214	Phillip Tedd	Leeds City AC	00:16:32	M	MV45	2770179	Yes	87.89%
3	281	Mark Crabtree	Vale Royal AC	00:16:52	M	MV45	3265209	Yes	84.88%
4	235	Alastair Glossop	Hallamshire Harriers	00:17:07	M	MV45	4151135	Yes	84.89%
5	267	Rhys Brown	Horsforth Harriers	00:18:00	M	MV35	3971545	No	75.10%
6	229	Ben Shacklock	Harrogate Harriers & AC	00:18:20	M	MV45	3369271	Yes	77.52%
7	221	JOHN Convery		00:18:24	M	MV60		Yes	88.24%
8	279	Rome Doisneau	Leeds City AC	00:18:27	M	MV40	3520437	No	74.83%
9	215	Lisa Gawthorne		00:18:47	F	FV40		Yes	82.33%
10	230	Darren West	Harrogate Harriers & AC	00:19:09	M	MV60	3236262	Yes	84.78%
11	285	Matthew Akpan	Hyde Park Harriers	00:19:24	M	MV35	2874936	No	68.75%
12	210	Emma Raven	Northern Masters AC	00:19:36	F	FV40		Yes	77.85%
13	206	Jed Turner	Steel City Striders RC	00:20:01	M	MV60	2737496	Yes	82.49%
14	271	David l'Anson	St Therasas AC	00:20:18	M	MV65	3967473	Yes	82.75%
15	273	Paul Lemmon	Bingley Harriers & AC	00:20:47	M	MV60	2723159	Yes	78.12%
16	203	Bryn Barker	Northowram Pumas Running Club	00:20:53	M	MV60	2866095	Yes	78.40%
17	269	Stephanie Robson	Bingley Harriers & AC	00:21:09	F	FV50	2709522	Yes	79.86%
18	260	Sarah Bevan		00:21:30	F	FV50	0	No	79.45%
19	265	Paula Walsh	Trawden Athletic Club	00:21:32	F	FV45	3661978	Yes	74.34%
20	268	David Lancaster	City of York AC	00:21:47	M	MV65	2712081	Yes	78.51%
21	278	Michael Gill	Harrogate Harriers & AC	00:22:21	M	MV55	3010507	Yes	70.29%
22	284	Gwen Kinloch	Burnden Road Runners	00:22:29	F	FV65	3187237	Yes	87.81%
23	216	David Flitcroft	Preston Harriers	00:22:32	M	MV60	2754016	Yes	71.45%
24	255	Mark Wycherley	Keighley & Craven AC	00:22:43	M	MV60	4056991	Yes	71.47%
25	208	Anne Hegarty	Totley AC	00:22:45	F	FV60	3298076	Yes	82.49%
26	261	Philip Hicken	Spectrum Striders	00:22:54	M	MV60	2829426	Yes	70.31%
27	266	Richard Annable	Skipton AC	00:22:56	M	MV65	2830858	Yes	73.89%
28	253	Robin NAYLOR	Northern Masters AC	00:22:57	M	MV70	3953122	Yes	77.03%
29	280	Brian Lucas	Northern Masters AC	00:23:30	M	MV75	2708919	Yes	81.18%
30	275	Peter Harris	Ely Runners	00:23:36	M	MV70	2759153	Yes	78.15%
31	217	Dorothy Kesterton	Steel City Striders RC	00:23:42	F	FV70	3285256	Yes	91.61%
32	222	Louise Rowley	Steel City Striders RC	00:24:51	F	FV70	2735362	Yes	86.15%
33	264	Mervyn Ward	Warrington AC	00:25:46	M	MV65	2670527	Yes	67.05%
34	283	Andy Warburton	Burnden Road Runners	00:25:46	M	MV60	3187239	Yes	63.54%
35	224	Yvonne Twelvetree	Totley AC	00:27:03	F	FV70	2697826	Yes	82.64%
36	254	Peter Brammah		00:27:05	M	MV65	0	No	63.14%
37	219	Kate Waddicor	Steel City Striders RC	00:28:19	F	FV70	3281463	Yes	74.55%
38	274	Rod Scholes		00:29:26	M	MV80		Yes	70.43%
39	282	Michael Barnes	Northern Masters AC	00:29:41	M	MV80	2629	Yes	75.53%
40	225	Colin Spivey	Northern Masters AC	00:31:12	M	MV90	7351	Yes	93.09%
41	270	KEVIN DILLON	Manchester Harriers & AC	00:33:44	M	MV70	2737711	Yes	51.78%
42	277	Bill Haygarth	Abbey Runners	00:33:58	M	MV70	6911	Yes	51.42%

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