

|                                     |              |
|-------------------------------------|--------------|
| NMAC XC Championships results Women | 10th January |
|-------------------------------------|--------------|

|                  |     |       |
|------------------|-----|-------|
| Nicola Sutton    | W40 | 23.38 |
|                  |     |       |
| Paula Walsh      | W45 | 28.18 |
|                  |     |       |
| Stephanie Robson | W50 | 27.41 |
|                  |     |       |
| Sharon Dixon     | W55 | 26.16 |
| Angela Delaney   | W55 | 28.21 |
|                  |     |       |
| Gwen Kinloch     | W65 | 30.4  |