

FAYE HOLDEN

It was with great sadness that we learned of Faye's death from cancer on June 27th at the young age of 43.

Faye was a member of Pendle AC and NMAC. For Pendle AC she was a valued member who competed in many different events in their League matches and in cross countries. Her willingness and huge enthusiasm to do any event to gain points was also much appreciated by NMAC when she was in our team at the Inter Area meetings. Whatever event needed doing she would do it willingly and with vigour. Her friendly, positive and helpful nature stood out and I was most grateful for the help she gave me managing the Team.

Generally, she kept her competing to league competitions for Pendle and the NMAC meetings.

However, in her last full season of competition, 2016 ,she won the BMAF W35 800m and 400m hurdles.

Because she was such a special person, I have inaugurated an award in her memory, The President's Trophy. This will be presented annually at our AGM when we get back to having live AGMs.

It will be primarily for the person who has contributed the most at The Inter Area meetings.

As there has not been any Inter Area competitions this year I am awarding the Trophy to an athlete who regularly attends our track meetings, is very approachable and who has achieved great success over 2019 and the first part of 2020.

The athlete is John Wright, M60. Always a very good athlete, over the 2019 season he became an outstanding athlete.

In Venice at The European Championships, he won the 100m in 12.57 by a huge margin, the 200m in 24.58 again by a huge margin and the 400m in 55.13 by a gigantic margin, also setting a new British record.

In the 2020 British Indoor Championships he won the 400m in a new British Indoor record of 56.93.

In addition to his fantastic achievements, I would like to mention what a modest and approachable person John is who is happy to help others with their training. In Venice he was happy to share his training methods with me and it was most interesting to hear how much Pilates and Yoga he included."

I went to the Bolton track where John trains in October to present John with the Trophy.



Northern Masters Athletic Club
President's Trophy 2020
John Wright



CarolineMarler
Hon.President NMAC